

Nutty Trail Mix Granola Bars

These quick and simple bars are made from ingredients that you probably already have in your pantry. Mix up a batch for breakfast on the go or a filling snack before after school activities.

Ingredients:

1 cup	Open Nature Creamy or Crunchy Peanut Butter
1/2 cup	Safeway Liquid Honey
1/4 cup	Safeway Canola Oil
2 cups	Open Nature Honey Nut Granola
1 1/2 cups	Open Nature Crystal Mountain Trail Mix



How to Make It:

1. Preheat your oven to 350°F.
2. Mix the Peanut Butter, Honey and Oil in a large bowl until well blended. Add the remaining ingredients to the bowl and stir well.
3. Press mixture into a lightly greased 8 or 9 inch square pan.
4. Bake until golden brown (approximately 25 min).
5. Cool completely and cut into squares.
6. Enjoy!

Makes approximately 16 bars.

Chef's Note:

Try substituting Open Nature Almond Butter for the Peanut Butter for a new and nutty twist. Experiment with all of the Open Nature Trail Mix varieties to see which is your favourite!

Did you know?

Open Nature peanut butter contains only ground peanuts, unlike traditional peanut butter with added hydrogenated oils and sugar.

